## Effective Communication & Motivational Strategies In Working with Resistant Populations

Instructor: Rae Forseth

## **Purpose:**

To provide practitioners, who are working with resistive, chemically dependant or criminal populations, with specific knowledge, skills and techniques to more effectively reduce offender resistance, increase offender motivation to change, and reduce individual criminal risk.

The specific areas that will be examined are:

- **✓** Effective interventions with this population
- **✓** Human factors related to resistance to change
- ✓ Communication techniques, (basic and advanced) designed to increase motivation
- ✓ "Stages of Change" as it applies in corrections
- **✓** Basic Communication Skills
- **✓** Advanced Communication Techniques

**Who should attend:** This course is designed for correctional professionals with direct contact with offenders on a regular basis, particularly those with supervisory authority over offenders:

Date: March 16 – 19, 2009 To register contact:

Time: 8:00 am to 5:00 pm Geri Miller

**Location:** Montana Women's Prison 406-846-1320 ext. 2307 **701 South 27<sup>th</sup> St** Gerimiller@mt.gov

Billings, Montana

Cost: \$27.00 made payable to:

**Montana Correctional Enterprises (MCE)** 



Exceeding expectations keeps us on the path to success.

DOC Staff are required to get approval from supervisor(s) and complete a training request form.

## IF ADEOUATE NUMBERS ARE NOT REGISTERED THE CLASS WILL BE CANCELLED

The DOC Training Unit makes reasonable accommodations for any known disability that may interfere with a person's ability to participate in training. Persons needing an accommodation must notify the Training Unit no later than 2 weeks before the date of training to allow adequate time to make needed arrangements. To make your request known, you can call 406-846-1320 ext. 2307 or Gerimiller@mt.gov.